

You're Invited to a Wellness Webinar!

May Topic: Finding Joy in Good Works

Health Net's May webinar, [*Finding Joy in Good Works*](#) is all about learning how giving of yourself to others gives back to you as well. It can do your health and wellness good! Learn how doing good works can have a direct effect on your mental state of mind. And help to promote a happier lifestyle! Join us in this webinar as we discuss how.

Finding Joy in Good Works will be held on Wednesday, May 15, 2024, from noon to 12:45 p.m. Pacific time.



Space is
limited!

Sign-up today!

Date: May 15, 2024

Time: 12:00 p.m. – 12:45 p.m.
Pacific Time

Location: Online
Webinar/Teleconference

RSVP:

https://centene.zoom.us/webinar/register/WN_7eoJ-St7RkSy9bDKIsuxMw

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