## Get on a roll with your health

Our mobile health vehicle is coming to you


Here's a new spin on good health: Take care of yourself without taking time off.
Where: 900 University Ave, Riverside, CA, 92521 - Bell Tower
When: March 19, 2024
8:00 AM - 11:00 AM, 12:00 PM - 3:00 PM
What: Preventive screenings for KP members and limited screenings for all participants
KP members will receive preventive screenings which MAY include:

- Immunizations - Tests and Questionnaires
- Labs (if part of identified preventative care)

All participants will receive the following services:

- Blood Pressure
- Height, weight, and BMI calculation
- Glucose
- Flu shots (if available)


## Follow these steps to sign up for a wellness event at your worksite:

## Step One: Create an Account

- Go to kp.org/wellnessevent or scan the QR code
- Use the sign-up code "UCR"
- For Returning Users: Enter your email address and password under "Returning users" and click "Submit"
Step Two: Schedule an Appointment
- Select an event by clicking "Choose Event"
- Choose the location, date, and time that works best for you and click "Schedule"

- You'll land at the "Manage My Event" page where you can view your appointment details, add the event to your electronic calendar, make changes to your appointment, and access wellness resources

