



**ABOUT SSP**

Send Silence Packing (SSP) is an immersive experience that illustrates the stories and centers the voices of youth and young adults as they guide us through their mental health journeys to end the silence surround suicide. The exhibit serves as a mobilizing force to change the way we think, talk, and feel about mental health, and (perhaps most importantly), how we show up for the people around us.

[activeminds.org/sendsilencepacking](http://activeminds.org/sendsilencepacking)

## SSP INTERACTIVE EXHIBIT



### AUDIO & VISUAL DISPLAYS



### HOPE WALL

### RESOURCES

### GIVEAWAYS



**RIVERA LAWN**  
OCT. 25th from 9am - 4pm

