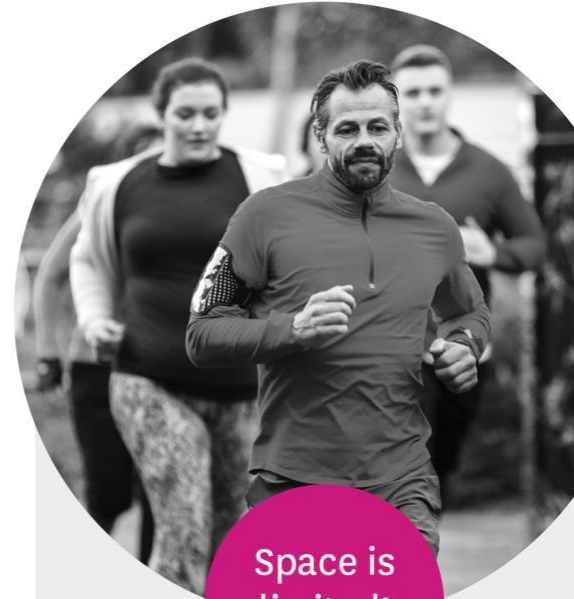


You're Invited to a Wellness Webinar!

August Topic: The Benefits of Acupressure

In this webinar, we discuss complimentary medicine, the origin of acupressure and how it's different from acupuncture, common uses to self-acupressure, ways acupressure can be used for anxiety, stress, depression, insomnia, and pain. Guided practice included.



Space is
limited!

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Date: August 16, 2023

Time: 12:00 p.m. – 12:45 p.m.
Pacific Time

Location: Online
Webinar/Teleconference

RSVP:

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