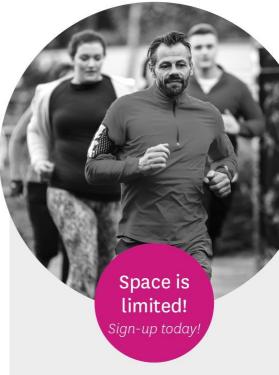


## You're Invited to a Wellness Webinar!

June Topic: Eating Healthy on a Budget

Do you find yourself wanting to eat healthy, yet spending lots of money on food every week or every month? Well good news, healthy doesn't have to mean expensive. We all want to create delicious, healthy, and inexpensive meals, but sometimes ingredients break your budget. Discover how to create wallet-friendly meals without skimping on taste.



Date: June 21, 2023

**Time:** 12:00 p.m. – 12:45 p.m. Pacific Time

**Location:** Online Webinar/Teleconference

## **RSVP:**

https://centene.zoom.us/webi nar/register/WN\_4V6hAV4FRR G9Oldyhj-RdQ

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