



2023 UC MOVES CHALLENGE

REGISTRATION Opens April 19 • **CHALLENGE** Runs May 1 – 28

Move into Summertime. Represent your UC Location in the 2023 systemwide 4-week movement and activity challenge.



Join our team to represent UCR in the UC Moves Into Summertime Challenge and for a chance to win raffle prizes.



Record daily physical activity starting May 1 with your favorite tracker or on your mobile or desktop device.

For more information please contact Hung Wu at hung.wu@ucr.edu

Register starting April 19th at
<https://ucmoves.summertimechallenge.com>

or scan the QR code

