

You're Invited to a Wellness Webinar!

November Topic: Diabetes Workshop - The Basics

Diabetes affects 37.3 million people or 11.3% of the population in the United States¹. This class will cover the A to Z's of diabetes and diabetes care.

Topics covered:

What is diabetes

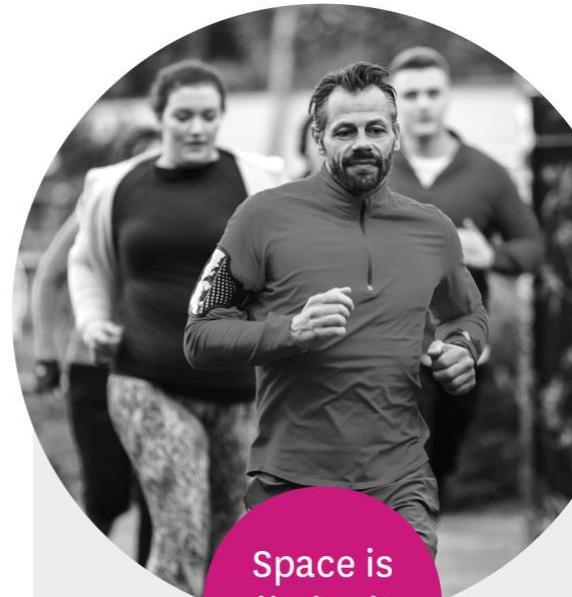
Prevention strategies

Signs and symptoms

The goals of diabetes control with lifestyle, medications, and monitoring.

This class will be taught by a Certified Diabetes Care and Education Specialist (CDCES).

¹American Diabetes Association. <https://www.diabetes.org/about-us/statistics/about-diabetes#:~:text=Prevalence%3A%20In%202019%2C%2037.3%20million,of%20the%20population%2C%20had%20diabetes.&text=Diagnosed%20and%20undiagnosed%3A%20Of%20the,and%208.5%20million%20were%20undiagnosed.>



Space is limited!

Sign-up today!

Date: Wednesday, November 16, 2022

Time: 12:00 p.m. – 12:45 p.m. Pacific Time

Location: Online Webinar/Teleconference

RSVP:

https://centene.zoom.us/webinar/register/WN_hjzHPHo9TzmWHXtAiNAfJQ

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