

A collaboration
between



RIVERSIDE
Student Disability
Resource Center



RIVERSIDE
Counseling and
Psychological Services

IT'S RECESS TIME!

COME & PLAY YOUR STRESS AWAY.

DATE:
THURSDAY,
MAY 5TH 2022

TIME:
3:00 - 5:00 PM

LOCATION:
PENTLAND
HILLS ROOM A-
102

FOOD &
BEVERAGE
TAKEAWAYS

Are you missing the days of playing in sand or splashing in the water?

Join the SDRC & CAPS for an afternoon of play to rejuvenate your physical and mental well-being.

This recess time is designed for ALL humans, of ALL identities, and ALL abilities.

Set your creativity free and craft:

- Take Home Sand Tray
- Grounding Sensory Jars
- Stress Ball



**BLUE PLACARD
PARKING AVAILABLE
IN LOT 15**

Pre-register
for food and
accessibility
info:

