



WRITING FOR RESILIENCY

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FEBRUARY 3, 2024 • 9:00AM - 12:30PM

A **FREE** VIRTUAL CONFERENCE FOR TEACHERS



Keynote Speaker Tamika Carter

MA in Human Relations
Licenced in Alcohol,
Drug, Mental Health
and School Counseling

Post pandemic life yielded a rich crop of students opening up about heavy personal situations. As teachers became tasked with negotiating their objective duties while also supporting students socioemotionally, we saw a drastic decline in educator morale and workforce numbers. Learn how student and teacher wellness are linked and how empowered teachers can use writing to help students turn trauma into semicolons instead of periods.

During her 20 years of experience, Tamika Carter, mother of 3 daughters, has designed training and curriculum for a wide range of professionals, provided continuing education for healthcare professionals and has successfully designed and implemented educator training programs in Riverside County, centering trauma and social justice themes. Her body of work centers the effective treatment of African American women across the lifespan, placing the assessment and development of a healthy self-image at the core of her prevention and intervention strategies.

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