



UCR Walks 2025

**Join
US!**

**Thursday, May 15, 2025
10:00am - 1:00pm
UCR Track**

**Scan the QR
code to RSVP**



Grab a friend or two and join us out at the UCR track to get some steps for the Spring Into Motion Wellness Challenge!

Meet with UCR's CHRO, Alex Najera, Provost, Liz Watkins, as well as other Faculty and Staff wellness programs and vendors

All participants will receive a medal and walk 10 laps for a chance to win multiple raffle prizes!

giveaways

**wellness
activities**

Sponsored by UCR Faculty Staff and Wellness
and Stupski Wellness Committee.

For more information, contact: hung.wu@ucr.edu



Human Resources
Faculty Staff Wellness