



Spots are
limited.

2025 UC MOVES CHALLENGE

REGISTRATION Opens April 14 • **CHALLENGE** Runs May 5 – June 1

**Represent UC Riverside in the 2025 systemwide 4-week
movement and activity challenge!**



Participate and create a team to represent UC Riverside in the UC Moves Spring into Motion Challenge and for a chance to win raffle prizes.



Record daily physical activity starting May 5 with your favorite tracker or on your mobile or desktop device.



For more information about all UCI Moves More offerings, visit the [Faculty and Staff Wellness Website](#)

Register starting April 14 at
ucmoves.springintomotiontoday.com



RIVERSIDE | Human Resources
Faculty Staff Wellness