HDR@UCR BI-MONTHLY NEWSLETTER

MOVING FROM RESEARCH "ON" TO RESEARCH "WITH" COMMUNITIES

UC RIVERSIDE
CENTER FOR HEALTH DISPARITIES RESEARCH

WELCOME MESSAGE

Greetings HDR affiliates and partners! It is my pleasure to welcome you to the relaunch of the Center for Health Disparities Research newsletter. By way of introduction, I am Dr. Mario Sims, Co-Director (with Dr. David Lo) of HDR and Professor in the Department of Social Medicine, Population and Public Health (SMPPH) in the School of Medicine (SOM) here at the University of California, Riverside. I am also Faculty Director of the new Master of Public Health Program in SMPPH in the SOM.

As a social epidemiologist my research focuses on understanding the social and psychosocial determinants of cardiovascular disease (CVD) disparities, with a specific interest in examining the extent to which structural racism, stress, residential segregation, and psychosocial risk factors influence CVD disparities.

In this edition of the newsletter, we recap the Fifth Annual Health Disparities Research Symposium which was a major success! We also highlight opportunities to collaborate using the Community Engagement Studios to get input from stakeholders on community-engaged work; results from the survey emailed by the Administrative Core; a spotlight of scholarly research from the Community Engagement Core; a recap of the Healthy Disruptions Podcast; and upcoming events. Please remain on the lookout for upcoming HDR events in the coming months. I am excited to be a part of the HDR@UCR!

HDR RECAP

ANNUAL SYMPOSIUM

HDR@UCR hosted its Fifth Annual Health Disparities Research Symposium, The Right to Health: Bridging Disparities and Building Safe Havens, on February 21 and 22, 2024 at the new UCR School of Medicine Education Building II. HDR brought together over 250 community and UCR members to hear from speakers leading the way in health disparities research and those engaging in community action daily. If you were unable to attend this event, you can catch the recordings here, and also view photos of our event here.

OPPORTUNITIES TO COLLABORATE

COMMUNITY ENGAGEMENT STUDIOS (CE STUDIOS)

Want to get more community buy-in on your research project? Our Community Engagement Studios can help you with that! Our Community Engagement (CE) Studios serve as a consultative session for researchers interested in getting input on their community-engaged work from a panel of stakeholders who provide feedback to enhance the planning, design, implementation, translation, or dissemination of research.

SCAN TO REQUEST A CE STUDIO NOW

Are you a community member that wants to have more of an impact in research? You can become a community expert panelist for our CE Studios. Community experts can be patients, caregivers, health providers, community members, or any other non-research stakeholder.

SCAN TO BECOME A COMMUNITY EXPERT

FORE MORE INFORMATION VISIT, HEALTHDISPARITIES.UCR.EDU/COMMUNITY-ENGAGEMENT-STUDIOS

HDR RECAP

ADMINISTRATIVE CORE

To gather feedback from the center community, the HDR Administrative Core emailed a survey to its constituents in January 2024. We received 56 responses, including 39 from inside UCR and 17 from outside of UCR. We asked participants to indicate, for the core services they utilized, their degree of satisfaction (on a scale ranging from 1=very dissatisfied to 4 = very satisfied). Respondents indicated that, on average, they were very satisfied with each of the four cores: Administrative Core, Research Infrastructure Core, Investigator Development Core, and Community Engagement Core. We asked respondents to evaluate the frequency (1 = Never, 2 = Rarely, 3 = Sometimes, 4 = Often, 5 = Always) and quality (1 = Poor, 2 = Fair, 3 = Good, 4 = Very good, 5 = Excellent) of the center's community engagement. Respondents, on average, rated the frequency of engagement as often and the quality of engagement as very good. Respondents' recommendations for improvement centered on greater communication about the center's services, greater utilization of advisory board members, better integration with other medical school initiatives, improved administrative processes to preserve relations with community partners, and expanded compensation and professional development for community health workers.

Research Spotlight

COMMUNITY ENGAGEMENT DISSEMINATION CORE

HDR would like to highlight the work of Dr. Kalina Michalska and their recent publication in BMC Psychiatry, Pre-scan anxiety is associated with greater right amygdala-hippocampal response to fearful versus happy faces among trait-anxious Latina girls. Dr. Michalska worked with Dr. Dana Diaz, a postdoctoral research fellow in the Department of Psychiatry at Columbia University and Department of Psychology at UCR, and Dr. Wan-Ling Tseng from the Yale Child Study Center at Yale School of Medicine to examine anxiety levels and emotional processing of facial expressions among Latina youth. This study was part of a HDR round three funded pilot project with Dr. Michalska and Jordan Mullins, a UCR Doctoral Student in Psychology. Congrats Dr. Michalska!

Healthy Disruptions Podcast

OVERCOMING LANGUAGE BARRIERS: QUALIFIED INTERPREPTERS, THE KEY TO HEALTH EQUITY

On the latest episode of Healthy Disruptions, Stephanie Sandoval, Health Educator for the Center for Healthy Communities, and Selina Hernandez, Community Relations Specialist for the Center for Healthy Communities and HDR, explore the importance of professional translation services in healthcare with Moises Martinez-Cortez, translator for HDR and private translation consultant.

HEALTHYDISRUPTIONS.BUZZSPROUT.COM

Community Spotlight

RIVERSIDE UNIVERSITY HEALTH SYSTEM, RIVERSIDE OVERDOSE DATA TO ACTION (RODA)

In response to the sharp increase in the number and rates of overdose deaths, the Riverside Overdose Data to Action (RODA) program was established in September 2019 to enhance surveillance of overdose morbidity and mortality and to use enhanced surveillance data to guide overdose prevention efforts. RODA has since then launched the RODA Data Dashboard and began working on a 5 year grant from the CDC, the Overdose Data to Action Program which aims to reduce morbidity and mortality as well as reduce disparities.

My Community, My Health, My Voice:

LISTENING & FEEDBACK SESSION

- Do you have questions or concerns about medical research?
- Do you have a child or loved one who has been affected by a medical condition that has no cure (e.g. Cancer, Myasthenia Gravis, Parkinson's disease, Multiple Sclerosis, Gene mutations, Pompe Disease, Idiopathic Inflammatory Myopathy)?
- Do you work in healthcare and want to learn more about how to refer patients to clinical trials?
- Have you ever wondered about stem cell therapy or gene therapy?
- Have you considered becoming involved in clinical trials?

community discussions

free food

conversations

May 8, 2024
Civil Rights Institute
6:00 to 7:00 p.m.

May 29, 2024
UCR Palm Desert
6:00 to 7:00 p.m.

Click to Register

Click to Register

For more information please contact:
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Mi comunidad, mi salud, mi voz:

SESIÓN INFORMATIVA COMUNITARIA

- ¿Tiene preguntas o preocupaciones sobre la investigación médica?
- ¿Tiene un hijo o un ser querido que padece de una afección médica que no tiene cura (p. ej. Miastenia gravis, enfermedad de Parkinson, esclerosis múltiple, mutaciones genéticas, enfermedad de Pompe, miopatía inflamatoria idiopática, o cáncer)?
- ¿Trabaja en el sector médico y quiere aprender más sobre cómo referir a pacientes para estudios clínicos?
- ¿Alguna vez ha tenido curiosidad sobre el tratamiento con células madre o la terapia génica?
- ¿Alguna vez ha considerado participar en estudios clínicos?

Diálogo con la comunidad

Comida

Conversaciones

8 de mayo 2024
Civil Rights Institute
6:00 a 7:00 p.m.

29 de mayo 2024
UCR Palm Desert
6:00 a 7:00 p.m.

Haga clic para registrarse

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Para más información, por favor contacte a:
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