soe doctoral student wellness retreat VOGA DAY



COME TALK WELLNESS IN THE PROFESSORIATE & FELLOWSHIP PREP WITH OTHER FELLOW GRAD STUDENTS!

YOGA INSTRUCTOR: DR. MICHAEL MOSES II



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UCR BOTANIC GARDENS II 9 AM - 2 PM

BRING YOUR OWN YOGA MAT!

LUNCH PROVIDED

RSVP

PLEASE EMAIL CO-CHAIRS ESMERALDA.MUNOZ@UCR.EDU OR SRIVA006@UCR.EDU IF YOU ARE IN NEED OF A YOGA MAT (LIMITED SUPPLIES)