

LIVE. LEARN. INTERN. LEAD.

GAIN REAL EXPERIENCE. BUILD YOUR FUTURE.

Spend a quarter in Washington, D.C. or Sacramento earning academic credit, interning in your field, and building a network that lasts a lifetime.

“UCDC allowed me to be in a different environment where I learned more about myself and what I want out of life. If given the chance every student should partake in this journey.”

CAPITAL INTERNSHIPS

 **UC WASHINGTON CENTER (UCDC)**

 **UC CENTER SACRAMENTO (UCCS)**

WHERE CAN CAPITAL INTERNSHIPS TAKE YOU?

-  **GOVERNMENT & PUBLIC SERVICE**
-  **POLICY & ADVOCACY**
-  **MEDIA & COMMUNICATIONS**
-  **HEALTHCARE & SCIENCES**
-  **NONPROFITS & NGOs**
-  **BUSINESS & MORE**

PREPARE FOR GRADUATE SCHOOL. LAUNCH YOUR CAREER.



 **500+**
UCR STUDENTS HAVE PARTICIPATED

Intern with top organizations in government, advocacy, media, nonprofits, healthcare and more!

 **LEARN**

- Earn academic credit through UCR
- Take courses related to your career goals
- Learn from expert faculty & professionals

 **INTERN**

- Gain real-world experience in your field
- Internship search support every step
- Build your resume & develop career skills

 **NETWORK**

- Connect with professionals and alumni
- Expand your professional network
- Open doors to future opportunities

 **EXPLORE**

- Live in Washington, D.C. or Sacramento
- Experience a new city & culture
- Grow personally & professionally

INCLUDES:

- Tuition & housing included
- Costs the same as UCR
- Financial aid applies
- Academic credit
- Career guidance

 **TAKE THE NEXT STEP! ATTEND AN INFORMATION SESSION**
Learn more about the program, see upcoming session dates, and how to apply.



SCAN TO RSVP FOR INFO SESSIONS & EVENTS
For more info, program dates, deadlines & events, stay connected.
JOIN OUR MAILING LIST!