

UCR Collective Impact Team- Mental Health Allies Program Dates

Informational Webinars

Session 1	June 27th	11:30am	Zoom*registration
Session 2	June 29th	1:30pm	Zoom*registration

Summer Introductory Course

Session	Date	Time	Format	Location
Session 1	August 15th	10:00 am-1:00 pm	Zoom	
Session 2	August 22nd	10:00 am-1:00 pm	Zoom	
Session 3	August 29 th	10:00 am-1:00 pm	Zoom	
Session 4	September 16 th	8:00 am-12:00 pm 1:00 pm-5:00 pm	In person	Morning: CAPS *breakfast will be provided Afternoon: HUB *Lunch will be provided

Fall Quarter Engagement Activities

Session	Date	Time	Format
Session 1	October 5 th	10:00 am-12:00 pm	zoom
Discussion/Activity 1	Due October 10 th		TEAMS (faculty/staff) CANVAS (for students)
Wellbeing Wednesday: Keeping Mental Health in Check Speaker: Kevin Hines	October 19 th	5:00 pm –8:00 pm	
Discussion/Activity 2	Due November 15 th		TEAMS (faculty/staff) CANVAS (for students)
Discussion/Activity 3	Due December 1 st		TEAMS (faculty/staff) CANVAS (for students)

Winter Quarter Engagement Activities

- During this time, you will begin to work on your project for May is Mental Health Month

Session	Date	Time	Format
Session 1	January 11th	1:00pm-3:30pm	zoom
Wellbeing Wednesday: Keeping Mental Health in Check Speaker: TBD	TBD	TBD	
Discussion/Activity 1	Due February 1st		TEAMS (faculty/staff) CANVAS (for students)
Discussion /Activity 2	Due March 6th		TEAMS (faculty/staff) CANVAS (for students)

Spring Quarter Culmination Activities

Session	Date	Time	Format
Session 1	April 4 th	10:00am-12:00pm	zoom
Wellbeing Wednesday: Keeping Mental Health in Check Speaker: TBD	TBD	TBD	
Discussion/Activity 1	Due May 1st		TEAMS (faculty/staff) CANVAS (for students)
Project for May is Mental Health Month	Any date in May		*In person or zoom- Staff/Faculty required to partner with a department under Health Well-being & Safety *Students are required to work with The Well
Ceremony !!	June 2nd	2pm-4pm	TBD