

SUGGESTED REDING LIST

- ***Expectation Hangover***
Author: Christine Hassler
MJF Books, New York
- ***Strategize to Win***
Author: Carla Harris
Penguin Random House, LLC New York, NY
- ***Well Being: The Five Essential Elements***
Authors: Tom Rath and Jim Harter
Gallup Press New York, NY
- ***Change You Questions, Change Your Life***
Author: Marilee Adams, PH.D.
MJF Books, New York
- ***Career Contentment: Don't Settle for Anything Else***
Author: Jeffery Garton
ASTD Press Alexandria, VA
- ***Sacred Rest: Recover Your Life, Renew Your Energy, Restore Your Sanctity****
Author: Sandra Dalton-Smith, MD
Faith Words New York and Nashville
- ***Expect to Win: 10 Proven Strategies for Thriving in the Workplace***
Author: Carla Harris
Penguin Random House, LLC New York, NY
- ***Boundaries: When to Say Yes, How to Say No To Control Your Life***
Dr. Henry Cloud and Dr. John Townsend
Zondervan Grand Rapids, MI
- ***The Resilience Factor: 7 Keys to Finding Your Inner Strength and Overcoming Life's Hurdles***
Authors: Karen Reivich, PH.D. and Andrew Shatte, PH.D.
Three Rivers Press New York
- ***Crucial Confrontations: Tools for Resolving Broken Promises, Violated Expectations, and Bad Behavior***
Authors: Kerry Patterson, Joseph Grenny, Ron McMillian, Al Switzler
McGraw Hill New York

*Based upon Biblical principle.