

R'SUCCESS WORKSHOPS SPRING 2022

Remote workshops are highlighted in **Orange**; Non-Highlighted workshops will be in person from the ARC

WEEK 2

Time	Mon. April 4th	Tues. April 5th	Weds. April 6th	Thurs. April 7th	Fri. April 8th
9:00am	Public Speaking & Effective Presentations	Teamwork & Resolving Conflict	Preparing For & Taking Test	Art of Small Talk	Be the CEO of You
11:00am	Motivation	Goal Setting & Time Management	Stress Management	Unmasking The Impostor Phenomenon	Communicating with Faculty & The Power of Office Hours
2:00pm	Goal Setting & Time Management	Journey To Academic Success	Taking Care of You: The Student	Communicating Effectively: Active Listening	Stress Management
4:00pm	Teamwork & Resolving Conflict	Stress Management	Reading for Success in College	Journey To Academic Success	Motivation

WEEK 3

Time	Mon. April 11th	Tues. April 12th	Weds. April 13th	Thurs. April 14th	Fri. April 15th
9:00am	Understanding Your Personality Style	Teamwork & Resolving Conflict	Public Speaking & Effective Presentations	Goal Setting & Time Management	Stress Management
11:00am	Communicating with Faculty & The Power of Office Hours	Preparing For & Taking Test	Reading for Success in College	Motivation	Taking Care of You: The Student
2:00pm	Taking Care of You: The Student	Art of Small Talk	Be the CEO of You	Journey To Academic Success	Preparing For & Taking Test
4:00pm	Stress Management	Goal Setting & Time Management	Motivation	Stress Management	Reading for Success in College

WEEK 4

Time	Mon. April 18th	Tues. April 19th	Weds. April 20th	Thurs. April 21st	Fri. April 22nd
9:00am	Public Speaking & Effective Presentations	Teamwork & Resolving Conflict	Preparing For & Taking Test	Art of Small Talk	Be the CEO of You
11:00am	Unmasking The Impostor Phenomenon	Goal Setting & Time Management	Stress Management	Motivation	Goal Setting & Time Management
2:00pm	Communicating with Faculty & The Power of Office Hours	Journey To Academic Success	Taking Care of You: The Student	Goal Setting & Time Management	Stress Management
4:00pm	Teamwork & Resolving Conflict	Stress Management	Reading for Success in College	Journey To Academic Success	Motivation

WEEK 5

Time	Mon. April 25th	Tues. April 26th	Weds. April 27th	Thurs. April 28th	Fri. April 29th
9:00am	Goal Setting & Time Management	Teamwork & Resolving Conflict	Public Speaking & Effective Presentations	Understanding Your Personality Style	
11:00am	Communicating with Faculty & The Power of Office Hours	Preparing For & Taking Test	Reading for Success in College	Art of Small Talk	
2:00pm	Taking Care of You: The Student	Art of Small Talk	Be the CEO of You	Journey To Academic Success	Preparing For & Taking Test
4:00pm	Stress Management	Goal Setting & Time Management	Motivation	Stress Management	Reading for Success in College

WEEK 6

Time	Mon. May 2nd	Tues. May 3rd	Weds. May 4th	Thurs. May 5th	Fri. May 6th
9:00am	Be The CEO Of You	Teamwork & Resolving Conflict	Preparing For & Taking Test	Art of Small Talk	Public Speaking & Effective Presentations
11:00am	Motivation	Goal Setting & Time Management	Stress Management	Unmasking The Impostor Phenomenon	Communicating with Faculty & The Power of Office Hours
2:00pm	Goal Setting & Time Management	Journey To Academic Success	Taking Care of You: The Student	Communicating Effectively: Active Listening	Stress Management
4:00pm	Teamwork & Resolving Conflict	Stress Management	Reading for Success in College	Journey To Academic Success	Motivation

WEEK 7

Time	Mon. May 9th	Tues. May 10th	Weds. May 11th	Thurs. May 12	Fri. May 13th
9:00am	Unmasking The Impostor Phenomenon	Teamwork & Resolving Conflict	Public Speaking & Effective Presentations	Understanding Your Personality Style	Unmasking The Impostor Phenomenon
11:00am	Communicating Effectively: Active Listening	Preparing For & Taking Test	Reading for Success in College	Communicating with Faculty & The Power of Office Hours	Art of Small Talk
2:00pm	Taking Care of You: The Student	Art of Small Talk	Be the CEO of You	Journey To Academic Success	Preparing For & Taking Test
4:00pm	Stress Management	Goal Setting & Time Management	Motivation	Stress Management	Reading for Success in College

WEEK 8

Time	Mon. May 16th	Tues. May 17th	Weds. May 18th	Thurs. May 19th	Fri. May 20th
9:00am	Public Speaking & Effective Presentations	Teamwork & Resolving Conflict	Preparing For & Taking Test	Art of Small Talk	Be the CEO of You
11:00am	Motivation	Goal Setting & Time Management	Stress Management	Unmasking The Impostor Phenomenon	Communicating with Faculty & The Power of Office Hours
2:00pm	Goal Setting & Time Management	Journey To Academic Success	Taking Care of You: The Student	Communicating Effectively: Active Listening	Stress Management
4:00pm	Teamwork & Resolving Conflict	Stress Management	Reading for Success in College	Journey To Academic Success	Motivation

WEEK 9

Time	Mon. May 23rd	Tues. May 24th	Weds. May 25th	Thurs. May 26th	Fri. May 27th
9:00am	Public Speaking & Effective Presentations	Teamwork & Resolving Conflict	Public Speaking & Effective Presentations	Understanding Your Personality Style	Unmasking The Impostor Phenomenon
11:00am	Motivation	Preparing For & Taking Test	Reading for Success in College	Art of Small Talk	Communicating Effectively: Active Listening
2:00pm	Goal Setting & Time Management	Art of Small Talk	Be the CEO of You	Journey To Academic Success	Preparing For & Taking Test
4:00pm	Teamwork & Resolving Conflict	Goal Setting & Time Management	Motivation	Stress Management	Reading for Success in College

WEEK 10

Time	Mon. May 30th	Tues. May 31st	Weds. June 1st	Thurs. June 2nd	Fri. June 3rd
9:00am	Holiday	Teamwork & Resolving Conflict	Preparing For & Taking Test	Art of Small Talk	Be the CEO of You
11:00am	Holiday	Goal Setting & Time Management	Stress Management	Understanding Your Personality Style	Communicating with Faculty & The Power of Office Hours
2:00pm	Holiday	Journey To Academic Success	Taking Care of You: The Student	Communicating Effectively: Active Listening	Stress Management
4:00pm	Holiday	Stress Management	Reading for Success in College	Journey To Academic Success	Motivation