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| **Jan 11 – 15** |
| M, Jan 11 | 10:00am | Reading forSuccess in College |
| T, Jan 12 | 1:00pm | Be the CEO of You |
| W, Jan 13 | 10:00am | Goal Setting &Time Management |
| R, Jan 14 | 10:00am | Journey to Academic Success |
| F, Jan 15 | 1:00pm | Motivation |
| **Jan 18 – 22** |
| M, Jan 18 | **Martin Luther King, Jr. Day Holiday** |
| T, Jan 19 | 1:00pm | Taking Care of You!(The Student) |
| W, Jan 20 | 10:00am | Preparing for Graduate and Professional School Exams |
| R, Jan 21 | 10:00am | Public Speaking &Effective Presentations |
| F, Jan 22 | 1:00pm | Small Talk &Initiating Relationships |
| **Jan 25 – 29** |
| M, Jan 25 | 10:00am | Stress Management |
| T, Jan 26 | 1:00pm | Preparing For and Taking Tests |
| W, Jan 27 | 10:00am | Reading forSuccess in College |
| R, Jan 28 | 10:00am | Be the CEO of You |
| F, Jan 29 | 1:00pm | Goal Setting &Time Management |
| **Feb 1 – Feb 5** |
| M, Feb 1 | **10:30am** | Journey to Academic Success |
| T, Feb 2 | 1:00pm | Motivation |
| W, Feb 3 | 10:00am | Taking Care of You!(The Student) |
| R, Feb 4 | 10:00am | Preparing for Graduate and Professional School Exams |
| F, Feb 5 | 1:00pm | Public Speaking &Effective Presentations |
| **Feb 8 – Feb 12** |
| M, Feb 8 | 10:00am | Small Talk &Initiating Relationships |
| T, Feb 9 | 1:00pm | Stress Management |
| W, Feb 10 | 10:00am | Preparing For and Taking Tests |
| R, Feb 11 | 10:00am | Reading forSuccess in College |
| F, Feb 12 | 1:00pm | Be the CEO of You |
| **Feb 15 – Feb 19** |
| M, Feb 15 | **Presidents’ Day Holiday** |
| T, Feb 16 | 1:00pm | Goal Setting &Time Management |
| W, Feb 17 | 10:00am | Journey to Academic Success |
| R, Feb 18 | 10:00am | Motivation |
| F, Feb 19 | 1:00pm | Taking Care of You!(The Student) |
| **Feb 22 – Feb 26** |
| M, Feb 22 | 10:00am | Teamwork &Resolving Conflict |
| T, Feb 23 | 1:00pm | Public Speaking &Effective Presentations |
| W, Feb 24 | 10:00am | Preparing for Graduate and Professional School Exams |
| R, Feb 25 | 10:00am | Stress Management |
| F, Feb 26 | 1:00pm | Preparing For and Taking Tests |
| **Mar 1 – Mar 5** |
| M, Mar 1 | **10:30am** | Reading forSuccess in College |
| T, Mar 2 | 1:00pm | Be the CEO of You |
| W, Mar 3 | 10:00am | Goal Setting &Time Management |
| R, Mar 4 | 10:00am | Journey to Academic Success |
| F, Mar 5 | 1:00pm | Motivation |