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| **Jan 11 – 15** | | | | |
| M, Jan 11 | | 10:00am | | Reading for  Success in College |
| T, Jan 12 | | 1:00pm | | Be the CEO of You |
| W, Jan 13 | | 10:00am | | Goal Setting &  Time Management |
| R, Jan 14 | | 10:00am | | Journey to Academic Success |
| F, Jan 15 | | 1:00pm | | Motivation |
| **Jan 18 – 22** | | | | |
| M, Jan 18 | | **Martin Luther King, Jr. Day Holiday** | | |
| T, Jan 19 | | 1:00pm | | Taking Care of You!  (The Student) |
| W, Jan 20 | | 10:00am | | Preparing for Graduate and Professional School Exams |
| R, Jan 21 | | 10:00am | | Public Speaking &  Effective Presentations |
| F, Jan 22 | | 1:00pm | | Small Talk &  Initiating Relationships |
| **Jan 25 – 29** | | | | |
| M, Jan 25 | | 10:00am | | Stress Management |
| T, Jan 26 | | 1:00pm | | Preparing For and Taking Tests |
| W, Jan 27 | | 10:00am | | Reading for  Success in College |
| R, Jan 28 | | 10:00am | | Be the CEO of You |
| F, Jan 29 | | 1:00pm | | Goal Setting &  Time Management |
| **Feb 1 – Feb 5** | | | | |
| M, Feb 1 | | **10:30am** | | Journey to Academic Success |
| T, Feb 2 | | 1:00pm | | Motivation |
| W, Feb 3 | | 10:00am | | Taking Care of You!  (The Student) |
| R, Feb 4 | | 10:00am | | Preparing for Graduate and Professional School Exams |
| F, Feb 5 | | 1:00pm | | Public Speaking &  Effective Presentations |
| **Feb 8 – Feb 12** | | | | |
| M, Feb 8 | 10:00am | | Small Talk &  Initiating Relationships | |
| T, Feb 9 | 1:00pm | | Stress Management | |
| W, Feb 10 | 10:00am | | Preparing For and Taking Tests | |
| R, Feb 11 | 10:00am | | Reading for  Success in College | |
| F, Feb 12 | 1:00pm | | Be the CEO of You | |
| **Feb 15 – Feb 19** | | | | |
| M, Feb 15 | **Presidents’ Day Holiday** | | | |
| T, Feb 16 | 1:00pm | | Goal Setting &  Time Management | |
| W, Feb 17 | 10:00am | | Journey to Academic Success | |
| R, Feb 18 | 10:00am | | Motivation | |
| F, Feb 19 | 1:00pm | | Taking Care of You!  (The Student) | |
| **Feb 22 – Feb 26** | | | | |
| M, Feb 22 | 10:00am | | Teamwork &  Resolving Conflict | |
| T, Feb 23 | 1:00pm | | Public Speaking &  Effective Presentations | |
| W, Feb 24 | 10:00am | | Preparing for Graduate and Professional School Exams | |
| R, Feb 25 | 10:00am | | Stress Management | |
| F, Feb 26 | 1:00pm | | Preparing For and Taking Tests | |
| **Mar 1 – Mar 5** | | | | |
| M, Mar 1 | **10:30am** | | Reading for  Success in College | |
| T, Mar 2 | 1:00pm | | Be the CEO of You | |
| W, Mar 3 | 10:00am | | Goal Setting &  Time Management | |
| R, Mar 4 | 10:00am | | Journey to Academic Success | |
| F, Mar 5 | 1:00pm | | Motivation | |